



COSMOS 3-IN-1



Overall position	Position in Cat	Position in Gender	Participant	68km time	33km time	lap time	Combined Tim	Name	Surname	Gender	Age	3in1 CAT	Age Cat	Buffalo
1	Overall	1	252	02:10:09	01:11:28	00:16:35	03:38:12	Declan	Sidy	M	23 Y		Senior Elites	N
2	1	2	35	02:10:04	01:11:45	00:16:32	03:38:22	Jan	Withaar	M	35 Y		Sub-Vets	N
3	1	3	51	02:10:11	01:12:25	00:17:25	03:40:01	Hein	Engelbrecht	M	25 Y		Senior Elites	N
4	2	4	1	02:10:49	01:12:26	00:17:34	03:40:49	Brand	Du Plessis	M	39 Y		Sub-Vets	N
5	2	5	45	02:11:55	01:12:58	00:16:51	03:41:44	Pierre	Smith	M	25 Y		Senior Elites	N
6	3	6	41	02:12:56	01:15:59	00:18:01	03:46:56	Daniel	Griesel	M	21 Y		Senior Elites	N
7	4	7	249	02:12:43	01:17:49	00:17:38	03:48:11	JP	Jung	M	29 Y		Senior Elites	N
8	3	8	32	02:18:05	01:16:03	00:18:13	03:52:21	Bennie A[s]g	Viljoen	M	35 Y		Sub-Vets	N
9	1	9	284	02:18:09	01:16:51	00:18:02	03:53:01	Shaun	Scott	M	41 Y		Vets	N
10	4	10	280	02:20:31	01:16:49	00:18:20	03:55:40	Jaco	Van Vuuren	M	38 Y		Sub-Vets	N
11	5	11	218	02:20:26	01:16:53	00:18:27	03:55:46	Christo	Carelsen	M	32 Y		Sub-Vets	N
12	6	12	28	02:19:03	01:20:12	00:18:20	03:57:35	Eben	Swart	M	36 Y		Sub-Vets	N
13	2	13	73	02:21:52	01:19:29	00:18:49	04:00:10	Anton	Van Tonder	M	42 Y		Vets	N
14	5	14	258	02:23:53	01:19:26	00:18:27	04:01:46	Louis	Le Grange	M	29 Y		Senior Elites	N
15	7	15	224	02:24:44	01:21:01	00:19:18	04:05:03	Marco	Du Plessis	M	35 Y		Sub-Vets	N
16	3	16	74	02:25:17	01:20:47	00:19:30	04:05:34	Louis	Meyer	M	45 Y		Vets	N
17	4	17	68	02:27:15	01:23:33	00:19:31	04:10:19	Willem	Weber	M	41 Y		Vets	N
18	Overall	1	241	02:29:23	01:26:10	00:14:48	04:10:20	Emily	Clark	F	25 Y		Senior Elites	N
19	5	18	471	02:28:17	01:24:15	00:19:44	04:12:16	Jan Hendrik	Stander	M	49 Y		Vets	N
20	2	19	99	02:28:15	01:24:24	00:20:21	04:13:01	Des	Salzmann	M	62 Y		Open	N
21	6	20	262	02:32:13	01:25:23	00:20:26	04:18:03	Gerhard	Du Plessis	M	45 Y		Vets	N
22	7	21	237	02:37:52	01:20:55	00:20:08	04:18:55	Patrice	Gauthier	M	48 Y		Vets	N
23	8	22	66	02:36:19	01:23:10	00:19:36	04:19:05	Pieter	Jordaan	M	48 Y		Vets	N
24	8	23	20	02:33:59	01:28:50	00:22:18	04:25:06	Rehan	Krige	M	33 Y		Sub-Vets	N
25	1	2	59	02:39:39	01:29:45	00:15:48	04:25:12	Santie	Van Der Westhuizen	F	44 Y		Vets	N
26	1	3	39	02:37:56	01:34:41	00:15:13	04:27:50	Mariske	McClean	F	27 Y		Senior Elites	N
27	8	24	46	02:33:00	01:30:47	00:24:22	04:28:09	Peter	Randall	M	27 Y		Senior Elites	N
28	9	25	47	02:33:00	01:30:48	00:24:22	04:28:10	Herman	Swart	M	29 Y		Senior Elites	N
29	1	4	270	02:40:10	01:32:19	00:15:51	04:28:20	Lynette	Jones	F	33 Y		Sub-Vets	N
30	9	26	223	02:37:58	01:31:25	00:20:11	04:29:34	Kobus	Arlow	M	42 Y		Vets	N
31	9	27	13	02:37:59	01:30:39	00:22:08	04:30:46	Jean	Greyling	M	35 Y		Sub-Vets	N
32	10	28	33	02:42:28	01:28:44	00:19:44	04:30:55	Alan Thomas	Wait	M	39 Y		Sub-Vets	N
33	2	5	55	02:46:12	01:29:46	00:15:03	04:31:01	Loussanne	Ackerman	F	37 Y		Sub-Vets	N
34	1 Buffalo	29	213	02:40:49	01:29:30	00:21:02	04:31:21	Melvin	Jones	M	38 Y		Sub-Vets	Y
35	12	30	225	02:44:14	01:27:40	00:19:59	04:31:54	Paul	Daintree	M	37 Y		Sub-Vets	N
36	10	31	43	02:39:56	01:35:06	00:21:33	04:36:35	Matthys	Strydom	M	29 Y		Senior Elites	N
37	11	32	53	02:45:22	01:30:58	00:21:30	04:37:50	Raiken	English	M	27 Y		Senior Elites	N
38	13	33	7	02:42:40	01:33:50	00:21:39	04:38:09	Constant	Coetzee	M	34 Y		Sub-Vets	N
39	14	34	26	02:46:04	01:31:51	00:22:18	04:40:13	Tertius	Opperman	M	38 Y		Sub-Vets	N
40	3	35	95	02:45:57	01:31:39	00:22:49	04:40:25	Fanie	Booyesen	M	58 Y		Open	N
41	2	6	58	02:49:39	01:35:02	00:16:44	04:41:25	Sanet	Griesel	F	48 Y		Vets	N
42	15	36	25	02:45:27	01:34:30	00:23:10	04:43:07	Marius	Nel	M	32 Y		Sub-Vets	N
43	16	37	21	02:38:38	01:37:09	00:27:21	04:43:07	Werner	Luddick	M	37 Y		Sub-Vets	N
44	17	38	34	02:47:48	01:35:57	00:22:57	04:46:43	Garry	Watson	M	38 Y		Sub-Vets	N
45	DNQ	39	40	02:47:02	01:37:42	00:22:33	04:47:18	Ruben	Smith	M	18 Y			0 N
46	18	40	24	02:46:54	01:36:48	00:24:26	04:48:08	Adriaan	Moore	M	32 Y		Sub-Vets	N

47	4	41	94	02:51:31	01:35:00	00:22:11	04:48:43	Louis	Bosch	M	59	Y	Open	N
48	19	42	327	02:47:33	01:34:44	00:26:44	04:49:01	Gerrit	van Niekerk	M	33	Y	Sub-Vets	N
49	20	43	19	02:47:52	01:38:20	00:23:58	04:50:10	Justin	Kokott	M	37	Y	Sub-Vets	N
50	10	44	500	02:47:59	01:38:19	00:23:57	04:50:14	Charl	Fourie	M	46	Y	Vets	N
51	12	45	42	02:49:53	01:33:32	00:27:15	04:50:41	Reinard	Griesel	M	24	Y	Senior Elites	N
52	1	7	87	02:55:13	01:38:11	00:17:37	04:51:01	Girtie	Steenkamp	F	50	Y	Open	N
53	13	46	283	02:51:20	01:39:00	00:23:01	04:53:22	Garth	----	M	27	Y	Senior Elites	N
54	2	8	86	02:58:17	01:38:56	00:17:15	04:54:28	Debbie	Baillie	F	50	Y	Open	N
55	5	47	89	02:53:46	01:39:55	00:25:33	04:59:15	Kobus	Van Zyl	M	53	Y	Open	N
56	21	48	31	02:53:47	01:39:37	00:26:56	05:00:20	Chris	Van Zyl	M	36	Y	Sub-Vets	N
57	3	9	57	03:02:44	01:41:50	00:18:05	05:02:39	Anzel	Du Plessis	F	35	Y	Sub-Vets	N
58	6	49	96	02:58:07	01:39:36	00:27:38	05:05:21	Charles	Nel	M	59	Y	Open	N
59	14	50	50	03:04:39	01:38:53	00:22:52	05:06:24	Johan	Nel	M	23	Y	Senior Elites	N
60	11	51	67	02:57:27	01:46:47	00:26:47	05:11:02	Michael	Van Coller	M	48	Y	Vets	N
61	7	52	88	03:02:26	01:45:13	00:28:06	05:15:45	Petrus	Van Aardt	M	52	Y	Open	N
62	12	53	77	03:05:31	01:46:21	00:24:01	05:15:54	Don	Du Plessis	M	42	Y	Vets	N
63	13	54	65	03:00:24	01:52:13	00:24:02	05:16:39	Reimond	Hattingh	M	41	Y	Vets	N
64	8	55	90	03:05:09	01:47:29	00:26:04	05:18:42	Jd	Jordaan	M	61	Y	Open	N
65	3	10	85	03:11:06	01:48:12	00:19:26	05:18:44	Lunell	Reyneke	F	57	Y	Open	N
66	22	56	222	03:06:43	01:48:20	00:24:01	05:19:04	Vincent	Cronje	M	38	Y	Sub-Vets	N
67	23	57	18	02:59:43	01:56:57	00:22:27	05:19:07	Nicho	Jonck	M	30	Y	Sub-Vets	N
68	24	58	325	03:04:51	01:49:54	00:25:09	05:19:54	Verner	Olivier	M	35	Y	Sub-Vets	N
69	14	59	365	03:04:50	01:49:50	00:25:18	05:19:57	Johan	Venter	M	41	Y	Vets	N
70	15	60	343	03:04:06	01:51:08	00:24:44	05:19:59	Morne	Fourie	M	42	Y	Vets	N
71	4	11	56	03:09:53	01:52:51	00:19:57	05:22:41	Sarie	Breed	F	34	Y	Sub-Vets	N
72	25	61	254	03:02:21	01:52:52	00:28:08	05:23:22	Corne	Van der Wath	M	34	Y	Sub-Vets	N
73	15	62	49	03:21:56	01:38:58	00:23:24	05:24:18	Pieter	Aucamp	M	29	Y	Senior Elites	N
74	26	63	311	02:59:22	02:02:15	00:23:18	05:24:55	Jacques	Burger	M	38	Y	Sub-Vets	N
75	9	64	476	03:06:49	01:52:31	00:27:35	05:26:55	Marcel	De Villiers	M	56	Y	Open	N
77	16	65	106	02:49:28	02:18:00	00:23:15	05:30:43	Eben	Grobbelaar	M	46	Y	Vets	N
78	17	66	341	03:02:08	02:02:17	00:26:26	05:30:50	Jan	Rabie	M	40	Y	Vets	N
79	18	67	227	03:15:48	01:50:28	00:26:40	05:32:56	Wynand	Van Der Westhuizen	M	41	Y	Vets	N
80	16	68	339	03:17:05	01:52:56	00:24:29	05:34:30	Jaco	Ferreira	M	19	Y	Senior Elites	N
81	27	69	333	03:18:23	01:52:09	00:26:48	05:37:20	Gideon	Broodryk	M	34	Y	Sub-Vets	N
82	2	12	301	03:22:35	01:58:22	00:17:54	05:38:51	Edulene	Hattingh	F	25	Y	Senior Elites	N
83	10	70	357	03:19:37	01:54:47	00:28:04	05:42:29	Frikkie	van Niekerk	M	61	Y	Open	N
84	19	71	220	03:20:29	01:54:43	00:27:35	05:42:47	Eddie	Lightfoot	M	45	Y	Vets	N
85	20	72	72	03:23:08	01:57:34	00:26:39	05:47:20	Pieter	Van Wyk	M	44	Y	Vets	N
86	28	73	3	03:23:11	01:57:42	00:26:40	05:47:33	Lionel	Bester	M	38	Y	Sub-Vets	N
87	11	74	306	03:24:15	02:01:00	00:28:15	05:53:30	M.L.	Ferrerie	M	50	Y	Open	N
88	17	75	221	03:53:26	01:44:48	00:26:35	06:04:49	Tiaan	Kotze	M	27	Y	Senior Elites	N
89	18	76	54	03:28:09	02:09:31	00:28:01	06:05:41	Niel	Opperman	M	29	Y	Senior Elites	N
92	19	77	294	03:53:43	01:52:03	00:26:55	06:12:41	Juan-Pierre	Kleynhans	M	26	Y	Senior Elites	N
94	12	78	468	02:54:08	01:37:53	00:28:50	05:00:51	Lourens	van Deventer	M	62	Y	Open	N
95	20	79	44	03:28:14	02:10:56	00:29:49	06:08:59	Tiaan	Janse Van Rensburg	M	25	Y	Senior Elites	N
96	21	80	37	03:29:59	02:09:47	00:29:53	06:09:38	James	Barnard	M	47	Y	Vets	Y
98	21	81	226	03:53:29	02:32:10	00:30:51	06:56:30	Arno	Jordaan	M	27	Y	Senior Elites	N
99	22	82	52	04:10:23	02:32:14	00:34:36	07:17:14	Patrick	Gottschalk	M	26	Y	Senior Elites	N
100	23	83	292	04:20:16	02:24:35	00:36:44	07:21:35	Dirk	Swaniepoel	M	21	Y	Senior Elites	N
101	13	84	93	04:18:08	02:33:31	00:36:42	07:28:21	Zach	Viktor	M	58	Y	Open	N
103	24	85	48	04:14:29	02:44:11	00:31:13	07:29:53	Quintin	Viljoen	M	25	Y	Senior Elites	N
105	DNQ	86	236	02:18:18	01:19:06	DNF	DNF	Jeandre	Gaurtier	M	17	Y		0

106	29	87	216	02:21:31	01:50:13	DNF	DNF	Tobie	Basson	M	31	Y	Sub-Vets	N
107	30	88	8	02:25:50	01:24:45	DNF	DNF	Robert	Cronje	M	32	Y	Sub-Vets	N
108	22	89	337	02:29:12	01:23:10	DNF	DNF	Corne	Ferreira	M	46	Y	Vets	N
110	31	90	29	02:30:57	DNF	DNF	DNF	Gerard	Van Brakel	M	32	Y	Sub-Vets	N
112	23	91	80	02:33:58	02:26:44	DNF	DNF	Johan	De Jager	M	45	Y	Vets	N
113	32	92	330	02:34:48	01:26:25	DNF	DNF	Gerald	Snell	M	34	Y	Sub-Vets	N
115	33	93	27	02:37:16	01:27:28	DNF	DNF	Niki	Schneider	M	38	Y	Sub-Vets	N
118	34	94	9	02:37:50	01:27:28	DNF	DNF	Francois	De Klerk	M	38	Y	Sub-Vets	N
120	DNQ	95	243	02:40:20	DNF	DNF	DNF	Adriaan	Du Plessis	M	16	Y	0	N
123	3	13	61	02:42:32	01:31:43	DNF	DNF	Marina	Smit	F	40	Y	Vets	N
124	24	96	465	02:42:53	01:35:44	DNF	DNF	Lood	Boshoff	M	45	Y	Vets	N
125	35	97	269	02:49:45	01:35:09	DNF	DNF	Jan-Nel	Van Dyk	M	30	Y	Sub-Vets	N
127	25	98	63	02:50:10	01:35:33	DNF	DNF	Bertus	Griesel	M	49	Y	Vets	N
128	DNQ	99	235	02:52:01	DNF	DNF	DNF	Morne	Fouche	M	17	Y	0	N
130	36	100	282	02:53:31	01:38:17	DNF	DNF	Adam	Barnard	M	33	Y	Sub-Vets	N
131	14	101	102	02:55:13	02:01:17	DNF	DNF	Corrie	Steenkamp	M	57	Y	Open	N
134	37	102	329	02:56:48	01:50:23	DNF	DNF	Gert	Hattingh	M	35	Y	Sub-Vets	N
135	38	103	15	02:57:59	01:48:03	DNF	DNF	Aleck	Hoffman	M	35	Y	Sub-Vets	N
140	25	104	481	02:58:37	01:47:19	DNF	DNF	Hannes	Kruger	M	22	Y	Senior Elites	N
143	39	105	22	02:58:49	01:50:20	DNF	DNF	Wihan	Marx	M	34	Y	Sub-Vets	N
144	26	106	248	03:00:10	02:19:32	DNF	DNF	Peter	Woods	M	44	Y	Vets	N
145	27	107	69	03:00:18	01:47:41	DNF	DNF	Diederik	De Swardt	M	45	Y	Vets	N
151	15	108	387	03:02:20	01:50:25	DNF	DNF	Olo	Puna	M	61	Y	Open	N
152	40	109	30	03:03:15	01:57:11	DNF	DNF	Gert	Van Rooyen	M	38	Y	Sub-Vets	N
153	26	110	480	03:03:19	01:40:12	DNF	DNF	Marius	Kruger	M	26	Y	Senior Elites	N
156	28	111	285	03:05:23	01:56:13	DNF	DNF	Kobus	Louw	M	41	Y	Vets	N
158	29	112	70	03:06:06	01:22:39	DNF	DNF	Johan	Joubert	M	45	Y	Vets	N
159	16	113	98	03:06:12	01:50:37	DNF	DNF	Lourens	Van Wyk	M	54	Y	Open	N
163	30	114	308	03:08:53	DNF	DNF	DNF	Gert	Pieterse	M	49	Y	Vets	N
166	17	115	91	03:09:44	01:47:12	DNF	DNF	Piet	Prinsloo	M	61	Y	Open	N
167	41	116	5	03:14:35	01:47:38	DNF	DNF	Bheki	Buthelezi	M	34	Y	Sub-Vets	N
168	18	117	247	03:15:47	02:34:34	DNF	DNF	H	Hughes	M	56	Y	Open	N
169	4	14	82	03:16:04	01:50:08	DNF	DNF	Janita	De Villiers	F	53	Y	Open	N
170	5	15	83	03:16:06	01:50:09	DNF	DNF	Elmarie	Weilbach	F	52	Y	Open	N
172	5	16	215	03:16:07	01:50:12	DNF	DNF	Beatrix	Goodwin	F	30	Y	Sub-Vets	N
176	19	118	101	03:16:17	01:51:00	DNF	DNF	Terance	Stevens	M	57	Y	Open	N
177	31	119	76	03:18:09	01:52:21	DNF	DNF	Bennie	De Klerk	M	47	Y	Vets	N
178	32	120	498	03:18:13	01:57:10	DNF	DNF	Thapelo	Mafongozi	M	42	Y	Vets	N
179	6	17	84	03:20:20	01:55:53	DNF	DNF	Marlene	Van Heerden	F	65	Y	Open	N
181	42	121	10	03:25:28	02:08:12	DNF	DNF	Jacques	Erasmus	M	37	Y	Sub-Vets	N
182	33	122	78	03:25:30	02:04:21	DNF	DNF	Ignatius Michael	Van Niekerk	M	40	Y	Vets	N
185	34	123	36	03:26:07	01:59:16	DNF	DNF	Dries	Lategan	M	47	Y	Vets	Y
186	20	124	92	03:27:23	01:55:25	DNF	DNF	Dave	Baillie	M	60	Y	Open	N
189	21	125	100	03:30:02	DNF	00:28:46	DNF	Kobus	Roets	M	51	Y	Open	N
198	22	126	362	03:36:37	02:04:39	DNF	DNF	James	Owens	M	60	Y	Open	N
199	43	127	398	03:37:03	DNF	DNF	DNF	Jaco	Breytenbach	M	30	Y	Sub-Vets	N
201	23	128	361	03:37:43	DNF	DNF	DNF	Abel	Needham	M	60	Y	Open	N
202	27	129	463	03:47:44	02:35:38	DNF	DNF	Brian	Rabie	M	27	Y	Senior Elites	N
203	28	130	250	03:48:22	DNF	DNF	DNF	Hannes	Kruger	M	22	Y	Senior Elites	N
204	44	131	260	03:48:46	02:33:39	DNF	DNF	Joe	Du Preez	M	38	Y	Sub-Vets	N
205	45	132	11	03:56:37	02:33:33	DNF	DNF	Rowan	Gouws	M	34	Y	Sub-Vets	N
206	35	133	75	04:35:45	01:47:58	DNF	DNF	Graham	Smit	M	40	Y	Vets	N